

Park District Aquatics Staff receives Platinum Award

Congratulations to the Morton Grove Park District's 2010 Aquatic Staff for receiving the PLATINUM INTERNATIONAL AQUATIC SAFETY AWARD from Ellis & Associates for the 2010 season. This award is only given to the clients scoring in the Top 10 % of the audit criteria. According to Recreation Supervisor, Jen Tiltges, during the 2010 pool season the lifeguards had three unannounced audits by an Ellis & Associates auditor. During the audits the auditor observed the lifeguards to evaluate their scanning and their performance of several different rescue scenarios including CPR and use of safety equipment. The staff received an "exceeds" which is the highest score possible on all three observations.

This great achievement would not have been possible without the "Shadow Guard" program, Tiltges put into place when she started at the Morton Grove Park District. All new lifeguards participate in the "Shadow Guard" program to assist in training and preparedness. The program allows first year lifeguards to work closely with veteran lifeguards to learn and "see" aspects of their new role. Lifeguards are constantly drilled on rescue readiness and Vigilance Awareness Training (VAT) as well as customer service. Vigilance awareness training involves simulated rescues of live and manikin victims. There is a difference between scanning water and really seeing the water. Weekly in-services provide continued practice of skills and scenarios to train the lifeguard on rescue readiness. As the summer draws to a close, the first year lifeguard has transitioned to a seasoned professional. Through initial training, "Shadow Guarding", in services, audits and VAT, the mixed team of first year and veteran lifeguards learn to work in coordination and synchronicity. Recreation and Facility Manager, Kelly Smith stated that this was evident last August, when many of the veteran lifeguards had returned to college and the newest members of the team received EXCEEDS STANDARDS on their third unannounced audit. They emerged from the Shadow and performed at the highest level.



2011 Aquatics Guide



Morton Grove Park District
6834 Dempster St.
847-965-1200
www.mortongrovecity.org

Aquatic Information



Ellis and Associates Lifeguards

Morton Grove Park District Lifeguards are certified through the Ellis and Associates International Pool and Waterpark Lifeguard Training course. In accordance with the Ellis lifeguard program, guards are required to go through a minimum of 28 hours of initial training.

Ongoing Training

Throughout the pool season each lifeguard continues training of a minimum of four hours each month to review skills and build confidence. Day to day training consists of Vigilance Awareness Training: which is where we place training mannequins in the water or have "live" guest in distress to test the lifeguards rescue techniques. This keeps lifeguards sharp! Please do not be afraid... these are merely training drills.



Enjoy Our Pools Safely

We want your visit to Morton Grove Park District's aquatic facilities to be safe and enjoyable, so please:

- * Remember lifeguards are on duty for rule enforcement and to respond to aquatic emergencies. It is the responsibility of parents and guardians to supervise children – KNOW WHERE YOUR CHILD IS AT ALL TIMES.
- * No cameras or camera phones are permitted inside the facility.
- * Tight fitting rubber pants or "Little Swimmers" must be worn by any swimmer who is not toilet trained.
- * Use sunscreen with sun protection factor (SPF) of 15 or higher and reapply throughout the day. Remember to "Slip, Slop, Slap and Wrap" whenever possible (Slip on coverup, Slop on sunscreen, Slap on a hat and Wrap on sunglasses.)
- * Coast Guard approved personal floatation devices (PFDs) are available for non-swimmers. Ask to see a Manager when you visit facility to be fitted with a PFD for your visit.

Specialty Programs

Water Polo Scrimmage

Come see the local high schools scrimmage at Oriole Pool!
Day/Time: Wednesdays during Night Swim (7:00-9:00pm)
Location: Oriole Pool **Dates:** TBA

Pool Parties at Oriole

Make a splash for your next birthday party. Parties are held at Oriole Pool between 1-5pm Monday-Sunday. Party Package includes admittance of 15 people and special birthday area with "Happy Birthday" banner. Pizza and drinks for guests will be served and a "Happy Birthday" announcement.



Additional guests are \$5/\$7 per child. Contact Jen Tiltges at 847-965-1200 to book your party. **Recommended age is 10 years old.*

Pool Rentals at Harrer

Looking for an exciting place to have a party? Why not entertain friends and relatives for a birthday, anniversary or other special occasion at Harrer Pool which is available for private rentals Saturdays and Sundays from 10:30 to 11:50 am, or 5:00 to 6:20 pm. You may call Jennifer Tiltges at 847-965-1200 for reservations.

	Fees	R/NR
Harrer	\$125.00	/\$175.00
Harrer with Wading Pool	\$140.00	/\$200.00
Harrer with Sprayground	\$145.00	/\$210.00
Harrer with Slide	\$145.00	/\$210.00
Harrer with all Amenities	\$175.00	/\$250.00

Girl Scout and Boy Scout Badges at the Pool

Are you a Boy Scout or Girl Scout looking to learn more about water safety and water sports? Does your troop want to earn the patch or badges relating to being at the beach or pool? Well now you can.

New this year, the park district will be offering Girl and Boy Scout Troops the opportunity to earn patches and badges related to aquatics and water safety. Each troop will work with Jen Tiltges, a former Girl Scout, and the pool staff to complete the requirements needed to earn group specific patches and badges. Interested groups should contact Jen Tiltges at 847-965-1200 to set up a date and time to reserve space at the pool. Fees: TBD. All levels welcome.

Dates and Times

Oriole Pool Dates and Hours of Operation

9200 Oriole St.
847-965-0169

Opens: Saturday, May 28 Opening Day
Closes: Monday, September 5

Oriole Open Swim (Public Swim)

Mon-Fri: 1-5pm & 7-9pm
Sat/Sun: Noon-9pm

Special Dates and Hours

May 28-29: Noon-9pm
May 30: Noon-5pm. No evening swim
May 31-June 3: Closed
June 4-5: Noon-9pm
June 6-10: 4-8pm
June 11-Aug 14 Regular Hours
June 17: No evening swim: Teen Night
July 4: 10am-Noon. Open for season pass holders only!
July 4: Noon-5pm. No evening swim
August 15-19: 2-8pm
August 20-21: Regular Hours
August 22-26: 4-8pm
August 27-28: 12-7pm
August 29-Sept 2: Closed
September 3-5: 12-7pm

Float-n-Fun Days at Oriole Pool*

Monday: 7:00 to 9:00pm
Sunday: Noon to 2:00pm- Adults

*Will begin and end with regular season hours.

Oriole Pool Amenities

Oriole Pool is a 50 meter by 25 meter "L" shaped pool. Depths range from 3 ft. to 5 ft. and a 12 ft. in the diving well. Oriole has a zero depth to 2 ft. Kiddie pool, a 1 meter diving board, small tube slide and a 50 meter lap lane. The vending machine area is open daily to all swimmers.

Harrer Pool Dates and Hours of Operation

6250 Dempster St.
847-966-0984

Opens: Saturday, June 4 Opening Day
Closes: Monday, September 5

Harrer Open Swim (Public Swim)

Daily: Noon-5pm & 6:30-8:30pm*
*Pool may close early due to low visibility.

Special Dates and Hours

June 4-5: Noon-5pm & 6:30-8:30pm
June 6-10: 4-8pm
June 11-Aug 14 Regular Hours
July 4: 10am-Noon. Open for season pass holders only!
July 4: Noon-5pm. No evening swim
August 6: Noon-5pm. No evening swim
August 12: No evening swim: Teen Night
August 15-19: 2-8pm
August 20-21: Regular Hours
August 22 - 26: 4-8pm
August 27-28: 12-7pm
August 29-Sept. 2: Closed
September 3-5: 12-7pm

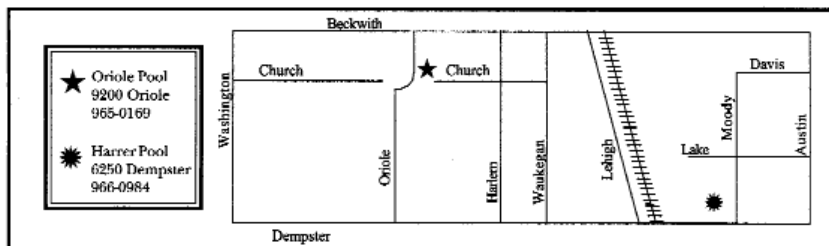
Float-n-Fun Days at Harrer Pool*

Wednesdays: 6:30 to 8:30pm

*Will begin and end with regular season hours.

Harrer Pool Amenities

Harrer Pool is a 50 meter by 25 meter "T" shaped pool. Depths range from 3 ft. to 5 ft. and a 12 ft. in the diving well. Harrer has a flume slide, a refreshing playground and 2 one meter diving boards. The kiddie pool is zero depth to 2 ft. deep. Visitors are able to enjoy a full service concession stand with hot and cold food choices.



Fitness Programs at the Pools

Aquacize

Develop, trim and tone your body with this water exercise program. Exercising in a refreshing pool is a superb way to become physically fit. No swimming skills are needed. Great for all ages! Add an additional day a week to your session for only \$29.

Instructor: Carol Gail

Program#	Days	Time	Date	Fee	Weeks	Location
2215-5	M&W	9:35-10:25am	6/13-8/10	\$81 \$110 (add'l day)	9	Oriole Pool
2215-6	Tu&Th	9:35-10:25am	6/14-8/11	\$81 \$110 (add'l day)	9	Oriole Pool
2215-9	Sa	9:30-10:25am	6/11-8/13	\$45	9	Harrer Pool

Aqua-Arthritis

Are you looking to get in shape? Do you have the aches and pains of arthritis? Then this is the class for you. This program is held in the water to help displace your body weight and give you a good work out.

Instructor: Carol Gail

Program#	Days	Time	Date	Fee	Weeks	Location
2216-0	W	5:15-6:00pm	6/15-8/10	\$45	9	Oriole Pool

Hydro Pilates

A safe and effective way to practice Pilates in the aquatic environment. Hydro-Pilates are non-impact, strengthening and stretching movements that require precise breathing and muscle control. The series of exercises initiates all movements from the lower back, hip and buttocks and flows outward to the extremities. Practicing Pilates in the water develops trunk stabilization, helps correct posture, enhances muscle strength and relieves stress. The postures and movements are adaptable for anyone.

Instructor: Carol Gail

Program#	Days	Time	Date	Fee	Weeks	Location
2215-7	Tu	8:45-9:30am	6/14-8/09	\$45	9	Oriole Pool
2215-8	Th	8:45-9:30am	6/16-8/11	\$45	9	Oriole Pool
2215-4	Sa	8:40-9:25am	6/11-8/13	\$45	9	Harrer Pool

NOW ON SATURDAYS

Special Events

Friday, June 17 - Oriole Pool

School's Out Pool Party

7:00-9:00pm

Teens entering grades 5-9 are invited to join us for swimming, DJ, karaoke and more. Freeze pops will be served.

Admission is \$5.



Saturday, June 25- Oriole Pool

Diving for Dollars

Noon-2pm

Patrons ages 2-14 will swim to the bottom of the pool to gather dollars and cents. Younger children will be divided into appropriate age groups. The event will take place during the 12:45pm and 1:45pm fifteen minute safety break. Also enjoy giveaways

and contests as a DJ spins tunes. **This event is sponsored by Halogen Pool Supply.**

Monday, July 4 - Oriole Pool and Harrer Pool

Pool Pass Advantage

10am-Noon

Hop in the pool before the parade and start your 4th of July with us. Pool pass members take advantage of pool pass members only swim hours.

Pool pass members only!

Saturday, July 9 - Harrer Pool

Annual Duck Races

Noon-2pm

Don't forget to celebrate Harrer's opening with the ever famous "Duck Races" that will begin at the 12:45pm fifteen minute safety break. Prizes for all winners!

Special Events

Saturday, July 16 - Oriole Pool

Float then Flick Night

7:00pm

Enjoy a night of swimming at Oriole Pool from 7:00-9:00pm. Then change out of your bathing suit and grab a chair and enjoy a movie on the pool deck. The evening's feature is "Despicable Me". Swimming is prohibited during the duration of the movie. The Oriole Pool concession will be open during the movie. You must show your pool pass or pay the evening swim rate at time of entry.

Friday, August 5 - Oriole Pool

Float then Flick Night

7:00pm

Enjoy a night of swimming at Oriole Pool from 7:00-9:00pm. Then change out of your bathing suit and grab a chair and enjoy a movie on the pool deck. The evening's feature is "Yogi Bear". Swimming is prohibited during the duration of the movie. The Oriole Pool concession will be open during the movie. You must show your pool pass or pay the evening swim rate at time of entry.

Friday, August 12 - Harrer Pool

Back to School Bash

5:30-7:30pm

Teens entering grades 5-9 are invited to join us for swimming, games, contests and more. DJ will be spinning tunes on the pool deck. Freeze Pops will be served. Admission is \$5.



Tiger Sharks Swim Program

The Tiger Shark Swim Club

The Tiger Shark Swim Club is a competitive swim team. The Sharks compete in the NISC (Northern Illinois Swim Conference), which is made up of other local swim teams. Swimmers practice daily and compete in swim meets on Wednesdays. Fee includes transportation to and from away meets and a team T-shirt.



Location: Oriole Pool, 9200 Oriole **No. of Weeks:** 7
Coaches: TJ Moran and Leonore Pagsanjan

Age Group Team (6-12 Years)

All four competitive strokes are taught and refined through endurance training.

Code#: 2707-5
Date: 6/15-7/27
Days/Time: M-F, 7:45-8:45am
 Tu&Th, 5:15-6:30pm
Fees: \$187
Min/Max: 18/40

Senior Team (13+ Years)

The focus will be on stroke modification and endurance training.

Code#: 2707-6
Date: 6/15-7/27
Days/Time: M-F, 6:00-8:00am
 Tu&Th, 5:15-6:30pm
Fees: \$208
Min/Max: 15/40

Night Team (6+ Years)

The focus will be on stroke modification and endurance training. Practice evenings only.

Code#: 2707-7
Date: 6/14-7/27
Days/Time: Tu&Th, 5:15-6:30pm
 Wednesday Meets
Fees: \$95
Min/Max: 15/40

Swim Meet Schedule:

- June 22 - Away at Arlington Hts.
- June 29 - Home against Oak Brook
- July 6 - Home against Central Lake YMCA
- July 13 - Home against Hawthorn Woods
- July 20 - Away at Prospect Heights
- July 27 - Conference Championship Meet
 Away at Arlington Heights

Let's Go Tiger Sharks!

Fees

2011 Pool Pass Fees

SPECIAL: Purchase or renew pool passes in May and receive 10% discount. Purchase period May 2-27.

	10% Discount May 2 - 27 R/NR	As of May 28 R/NR
Individual Child (4-13)**	\$58/\$78	\$64/\$86
Individual Adult (14+)	\$69/\$93	\$77/\$104
Family 2	\$106/\$143	\$118/\$160
Family 3	\$118/\$159	\$131/\$177
Family 4	\$133/\$180	\$148/\$200
Family 5	\$148/\$200	\$164/\$221
Family 6	\$162/\$219	\$180/\$243
I.D. Replacement	\$5	
Additional I.D.'s	*\$7	

**must be purchased upon receipt of initial payment.*

Daily Pool Admission

	R/NR
Weekdays Child	\$3.75/\$5.00
Weekdays Adult	\$5.00/\$7.50-Harrer/\$7.00-Oriole
Evening Child/Adult	\$3.00/\$4.25
Oriole	
Weekend Child	\$5.00/\$8.00
Weekend Adult	\$6.00/\$9.00

Harrer

Weekend Child	\$5.00/\$10.00
Weekend Adult	\$7.00/\$14.00

Children ages 4 and over will need to purchase a pool pass or pay the daily rate.

Limited Pool Pass (six time use punch card)

The Morton Grove Park District offers a limited pool pass for residents and non-residents. This pass entitles you to 6 daily admissions to Oriole or Harrer Pool for only **\$25** (residents) **\$40** (Non-Residents). These passes may only be purchased at Prairie View Community Center. Pool Pass cards expire September 5, 2011 and are not transferable.

R/NR: \$25.00/\$40.00

Policies and Procedures

2011 Pool Policies

*Children age 4+ must pay admission fee.

*Children under 10 years old must be supervised by a guardian at least 16 years of age.

*Tight fitting rubber pants or Huggie-like Little Swimmers must be worn. No disposable diapers permitted.

*Pools will close if temperature drops below 69 degrees and/or if attendance drops below 10 patrons.

*No cameras/camera cell phones allowed in pool facility.

*Proof of residency must be shown to receive resident entry rates. Children must either have a parent escort them inside with a current driver's license, or the child must show a Morton Grove Library Card, Morton Grove Park District Teen ID or Gymnasium Pass to prove residency.

***Outside food and beverage must be consumed inside the concession area only. If you choose to, you may take your food outside of the pool to our picnic area and then re-enter the facility at no charge.**

You must present your pool pass at each visit or pay the daily rate for admission.

Aquatic Information

TERRIFIC THURSDAYS ARE BACK

It's fun, crazy, wet & TERRIFIC!! Terrific Thursdays are small special events held on Thursday during night swim. Have fun with family and friends at the pool doing crazy new activities.

June 16	Harrer Pool	Canoe Races
June 23	Oriole Pool	Diving in the Deep
June 30	Harrer Pool	Diving in the Deep
July 14	Oriole Pool	Canoe Races
July 21	Harrer Pool	*Cardboard Boat Race

*Families will need to bring a "home-made" cardboard boat to this event. Have fun at home building your boat and on July 21st during evening swim test its sea worthiness.

NEW!!! Swim Lessons Format

Program for ages 5-14 years has been changed to mirror the Skokie Park District's Swim America program offered at Niles Township High School pools from September - May. The new format allows families to register their children for convenient times (not by age or levels as in the past).

Each swimmer will be evaluated on the first day of the session and placed in the appropriate level according to individual skills. The new program focuses on skill and stroke development and is structured with opportunity for the swimmer to advance levels within the session as skills are mastered.

We are confident that the changes will make scheduling easier for families and skill development and advancement can be accommodated within each session.

Age: Parent/Tot 6 Mos - 4 Yrs
Learn to Swim (LTS) 5 - 14 Yrs

Registration closes the Thursday before the start of each new session.

Registration for Summer Programs

The Morton Grove Park District's seasonal brochure for summer programs was delivered to homes the week of May 2. Registration for swim lessons, Tiger Sharks Swim Club, Aquatic Fitness classes and all other recreation programs such as camps, tee ball, dance, gymnastics, adult fitness classes and more are in progress. NOTE: Classes can fill quickly – don't delay register today.